

# OKLAHOMA CITY-COUNTY STRENGTHS AND THEMES ASSESSMENT

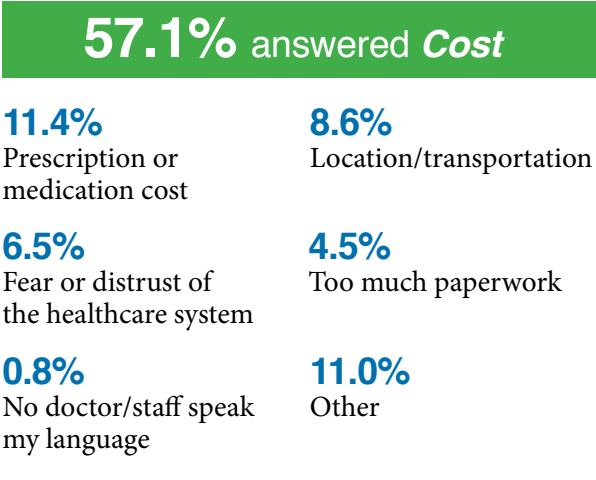
This assessment seeks community feedback to identify strengths and themes that influence our local population’s health and well-being. The survey administered collected opinions about the health status and quality of life in Oklahoma City and Oklahoma County. Some questions included: How would you rate Oklahoma County as a healthy community? And do you have a sense of community pride in Oklahoma County? The survey was administered in English and Spanish, and responses were collected through paper and electronic surveys. The kick-off for the Strengths and Themes Assessment occurred

at the Wellness Now Coalition meeting in September 2016. All coalition members in attendance were given the opportunity to complete the survey at the meeting and were invited to take information cards back to their agency to encourage community feedback. The survey was posted on the Wellness Now OKC webpage and available on Survey Monkey from September 2016 through December 2016. A total of 259 responses were received. In an effort to increase participation, OCCHD boosted the survey post on Facebook and reached an additional 2,841 community members.

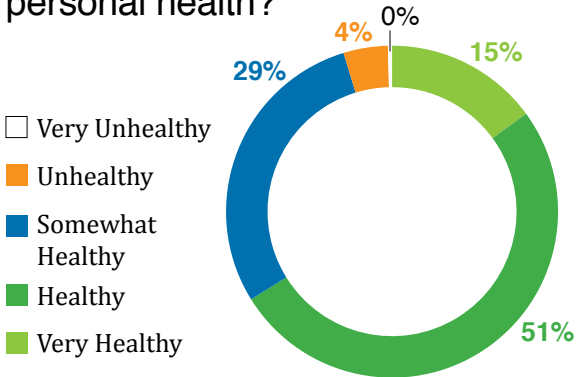
## Highlights from the survey responses include:

- 45 percent rated Oklahoma County as a community with at least ‘Good’ health while 40 percent rated Oklahoma County as a community of ‘Fair’ health, and 15 percent rated the health of Oklahoma County ‘Poor’. The average rating fell between ‘Fair’ and ‘Good’.
- 37 percent of respondents felt that the overall health-related quality of life in Oklahoma County is ‘Good’, and 41 percent rated it as ‘Fair’.
- 69 percent rated the quality of the environment in Oklahoma County as at least ‘Good’, and 41 percent rated it as ‘Fair’.
- 29 percent stated they ‘Sometimes’ have enough money to pay for essentials, such as food, transportation, clothing, housing and medicine, and 63 percent responded ‘Always’. The majority stated that housing was the most urgent essential for them/ their family, followed by food and medicine.
- 68 percent were always able to get needed health services during the past year, and 24 percent responded that they were sometimes able to get needed health services in the past year.
- 64 percent always feel responsible to improve the health status of Oklahoma, and 31 percent answered that they sometimes feel responsible to improve the health status of Oklahoma.

What do you feel are barriers to getting healthcare in your community?



How would you rate your own personal health?



**42 percent** said they always have a sense of community pride.



**51 percent** said sometimes.



**9 percent** said no.



**Open Streets OKC** is a local health and wellness project. We believe active transportation, like biking or walking from point A to B, promotes healthier residents with closer ties to their community.

